Education

2019 - 2021 MA Fine Art Sculpture, Royal College of Art, London

2011 - 2014 BA (Hons) Fine Art Painting, University of Brighton

Group shows

Either Side, ArtLacuna, London, 2022

Sticking Ground, trio show with Sophie Giller & Sophie Goodchild, 1 Thorseby Street, Nottingham, 2022

Reasonable Feelings, Plumbing Wine, London, 2021

Ride Your Pony 2, Abington Studios, Blackpool, 2021

UTOPIA, Insert Studios, Leeds, 2021

Supastore Southside, Slingbacks & Sunshine, South London Gallery, 2021

Proxy: RCA Sculpture Degree Show, Cromwell Place, London 2021

ADAM's Window, 21 Bedford Street, London, 2021

Together it Seams, Standpoint Gallery, London, 2021

Rock-a-Stack, collaborative show with Sophie Giller, Skippings Gallery, Great Yarmouth, 2021

Open Office, ADAM, The Strand, London, 2020

Flesh, Old Operating Theatre, London 2020

WIP show, Royal College of Art, London 2020

The Yearning Castle, Yellow Space Gallery, Chongging China, 2019

Desert Island, Southgate Studios curated by Holly Froy, London, 2018

URL/IRL LOVE, Muddy Yard, London, 2018

Settle For Nothing Less, as part of Art Licks 2017 at Studio 28b Penarth Centre, London, 2017

g URL x Noble Studios, London, 2017

Milktea, Sensei Fine Arts, London, 2016

I Love it, What is it?, Organhaus Gallery, Chongging China, 2016

I'm So Excited, Ha Ha Gallery, Southampton, 2015

FauxSho, Assembly House, Leeds, 2015

Dead Famous, Ha Ha Gallery, Southampton, 2014

BA (Hons) Fine Art Painting Degree Show, University of Brighton, 2014

Glyndebourne Young Artist in Residence Exhibition, Glyndebourne Gardens, Glyndebourne Opera House,

East Sussex, 2013

Residencies, publications & online publications, events, collaborations

Review of Sticking Ground by Josh Mcloughlin, New Critique, 2022

Artist in Residence, Insert Studios, Leeds, 2021

ADAM publication, self published book by the collective ADAM (@adamthestrand)

From dream, for real future, for presence (performance workshop), Camberwell College of Arts, 2021

Artist Talk at University of Creative Arts, Farnham, 2021

Performance as part of Flesh at Old Operating Theatre, London, 2020

Series of art workshops for Watzart Residency, Chongqing China, 2019

Artist in Residence, Watzart Residency, Chongging, China, 2019

A still life series & text featured in Orlando Magazine (online), 2017

International Artist in Residence, Organhaus, Chongging, China, 2016

Glyndebourne Young Artist in Residence, East Sussex, UK, 2013